

Dr. Smith's Personal Statement

Welcome to Texas Orthopedics. I'm Scott A. Smith MD. Hopefully by reading this page you can understand some of my philosophy toward musculoskeletal care. First of all, I love my job. Yes it takes some work, and it definitely was a long time in school, but it is all worth it to be able to provide the best care I can for my patients.

I think the human body is an amazing "machine." I am privileged to be able to help it heal itself most of the time. Therefore I consider myself a "conservative" surgeon if there is such a thing. This means I'd rather not operate if I can avoid it. Sometimes however the most conservative approach is an operation. Case in point; a severely arthritic knee with no remaining cartilage has little hope of being pain-free without somehow smoothing out the rough exposed bone in the joint. That's where a knee replacement is a wonderful thing and has the most predictable outcome. In two months most patients are much better than they were before surgery. A non-operative course would never improve the knee's function and pain. Therefore not having a surgery prolongs the pain and suffering sometimes for many years.

My job is to allow you, the patient, to select which course you wish to pursue through thorough education about your condition, the treatment options and expected outcomes. Together we can decide which course of treatment is best for you.

I am happy to treat all types of patients in my practice be they a seven foot tall professional basketball player (I'm the Austin Toros basketball team physician), a high schooler (McNeil High team doctor), an elderly individual with an arthritic hip or knee or just about anyone else with an ache or pain.

Texas Orthopedics is a wonderful place to work for many reasons. One of the most important is that we, the physicians, have a very broad base of knowledge covering all aspects of Orthopedic Specialties. Sports medicine, arthritis, fractures, hand, spine and essentially all aches, pains, strains, and conditions are covered here at Texas Orthopedics.

If you have a condition I haven't seen before chances are one of my partners has!
Personally I pride myself at being up to date on all the newest technology especially in the areas of hips, knees and shoulders. This being said my conservative upbringing in Brenham, TX won't let me be too accepting with out proof of new technology's value.

Texas Orthopedics also is a full service practice with on site MRI, bone density, physical therapy and a state of the art Surgery Center. This greatly facilitates patient care. Communication between each area is seamless. You never have to go retrieve your records or xrays from one location to bring to the next.

Ever since I began practice in 1996 in Austin, I have had the privilege of caring for thousands of individuals, who have taught me much about orthopedics, people and life. I hope that your ache or pain resolves with out ever needing medical attention. If it does not, I hope to see you at Texas Orthopedics, Sports and Rehabilitation Associates.

Very truly yours,

Scott A. Smith MD